

Using SKITTLES to learn FOUR PARTS OF PRAYER

OBJECTIVE:

Use the ACTS Acronym to learn the four parts of prayer (Adoration, Confession, Thanksgiving and Supplication)

MATERIALS:

- 1 small pack of regular Skittles per child
- 1 small container per child
- Large piece of paper and markers

LESSON:

- Begin by playing the Skittle Icebreaker. See page 2.
- After placing the Icebreaker, write the word ACTS down the left side of your paper.
- Read the word, which you have written: (ACTS). Explain that this is an acronym for the four parts of prayer. Sometimes we pray one part; other times we pray all four parts.
- Complete your paper with the following words and explain the meaning of each word:
Adoration (Acknowledging who God is)
Confession (Telling God that you are sorry for wrongdoings)
Thanksgiving (Thanking God for His blessings)
Supplication (Asking God for help, healing, provision or guidance for others or for ourselves.)
- Commit these parts to memory and practice praying aloud by playing the Skittle Prayer game.

Skittles Icebreaker

DIRECTIONS

- Pour the bag of Skittles into your container.
- Close your eyes.
- Pick up one Skittle from the container.
- What color did you pick?
- Look at the chart below. Answer the question associated with the color.
- You may eat the Skittles after you answer the question.
- Give everyone a minimum of three turns.
- Do NOT eat the remainder of the Skittles in your cup. You will need these for the next part of the lesson.

SKITTLE ICEBREAKER CHART

-  My favorite thing to do is...
-  I don't like it when...
-  I am good at...
-  I can't wait until...
-  When I grow up, I want to...

Skittles Prayer

DIRECTIONS

- Pour the bag of Skittles into your container.
- Close your eyes.
- Pick up one Skittle from the container.
- What color did you pick?
- Look at the chart below. Identify the part of prayer associated with the color you picked.
- Use the prompt on the color chart to say a prayer.
- You may eat the Skittles after you pray.
- Give everyone a minimum of five turns.
- Enjoy the remainder of the Skittles in your bag when you finish.

SKITTLE/ PRAYER COLOR CHART



ADORATION (God, you are...)



CONFESSION (God, I am sorry for...)



THANKS (God, thank you for...)



SUPPLICATION FOR ANOTHER PERSON (I pray for _____.)



SUPPLICATION FOR YOURSELF (I pray for _____.)